2019 Spikes & Strikes Classic
August 2 & 3

Coaches Packet

Special Olympics Kansas
Event Schedule

Friday, August 2

8:45a.m.  Opening Ceremonies – Volleyball
9:00a.m.  Volleyball Check-in
10:00a.m. Volleyball Games
11:00a.m. – 1:00p.m. Lunch at Volleyball venue
11:00a.m. – 3:00p.m. Health Promotions - OKUN
11:00p.m. – 3:00p.m. General Store – Okun (20200 Johnson Dr, Shawnee)
12:00p.m. Bowling Check-in
1:00p.m.   1st Flight of Bowling at all Venues
2:00p.m. – 4:00p.m. General Store at both bowling facilities
3:00p.m.   2nd Flight of Bowling
3:00p.m.   Last Volleyball Games Begin
3:00p.m. – 6:00p.m. Block Party – Okun (20200 Johnson Dr)
4:30p.m. – 5:00p.m. SOKS Mascot Meet and Greet

Saturday, August 3

8:00a.m.  Bowling Check-In all Venues
9:00a.m.  1st Flight of Bowling
11:00a.m. 2nd Flight of Bowling
11:00a.m– 1:00p.m. Lunch at all Bowling Alleys
Event Venues

Bowling: Friday and Saturday

College Lanes
10201 College Blvd
Overland Park, KS 66210
(913) 451-6400

Olathe East Bowling Lanes
303 N Lindenwood Dr
Olathe, KS
(913) 764-4568

Volleyball Venue -- Block Party

Okun Mid-American Sports Complex West
20200 Johnson Drive
Shawnee, KS 66218
(913) 441-2244

Detailed directions to all venues can be found on
www.kssso.org
General Information

Emergency Information

In the case of inclement weather, call Tim Rehder’s voicemail at 913-236-9290 X 108. He will leave a message with further instructions and updates.

Other numbers:
Emergency: Dial 911
Overland Park Regional Health Center: 913-541-5000
Olathe Medical Center: 913-791-4200
Shawnee Mission Medical Center: 913-676-2000

Name Badges
- All athletes are required to wear their name badge during competition. These name badges will be in your pick up packet.
- Volleyball players that bowl on Saturday will use the same badge on both Friday and Saturday.
- SOKS will have containers available for the collection of these badges; please deposit all badges in these containers.

Schedule
Please check the volleyball and bowling schedules to determine the time and place your athletes will be participating.

Meals
- Friday Lunch
  Volleyball – Chicken sandwich, chip, snack & water
- Block Party: - Pizza, ice cream, water
- Saturday Lunch:
  Olathe East Bowling Lanes – Hot dogs, chips, and drink
  Park Lanes – Hotdogs, Chips, and drink

Block Party
The Spikes & Strikes Block Party will be Friday, August 2nd at the Okun 20200 Johnson Drive, Shawnee, KS. The Block Party will begin at 3:00pm and will end at 6:00pm.
General Information

Packet Pick-Up
Coaches should pick-up packets at each of the venues. These packets include athlete I.D. badges, updated information and more.

General Store
SOKS items will be available for purchase during the following times:
Friday: Volleyball: 11:00a.m. – 3:00p.m.
          Bowling Venues: 2:00a.m. – 4:00p.m.
Medical and Legal Information

Medical/Parent Release Form
Coaches MUST have in their possession at the event a copy of a current SOKS Medical /Parent Release Form for each athlete.

SOKS Code of Conduct for athletes and coaches
Participants shall not consume alcohol, tobacco, or illegal drugs while participating in any Special Olympics Kansas event.

Recreational Swimming Policy
Special Olympics Kansas' policy regarding the use of the motel pools is as follows: Motel swimming is not a supervised Special Olympics Kansas activity even though teams traveling to Kansas City for the purpose of participating in the Fall Sports Classic are covered by SOKS insurance. It is necessary to comply with the following policies when swimming in motel pools:

1. Each group must have at least one (1) certified lifeguard in the pool.
2. For every four (4) athletes swimming, there MUST be one (1) coach in the pool at all times.
3. Athletes with a history of seizures must have 1 on 1 supervision.

Injury Report Form
In case of injury to any athlete during the Games, proper medical attention must be the first priority. It is the coach’s responsibility to have the athletes' updated medical form available for the attending medical professional. The coach is also responsible for completing an Injury Form and the Special Olympics First Report of Accident Form for any incident involving an athlete or volunteer. (Both forms are included in the pick-up packet at check-in.) Coaches or parents are asked to return both forms to the Special Olympics Kansas Headquarters Office.

Coaches are also reminded to bring extra uniforms to comply with the Special Olympics Kansas Blood on the Uniform/Equipment Policy. Remember, any athlete that suffers a scrape or cut that causes bleeding must be removed from competition and may not return until bleeding is stopped and the uniform is free of blood.
<table>
<thead>
<tr>
<th>Team Name</th>
<th>Coach Name</th>
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<tbody>
<tr>
<td>Air Capital Flyers</td>
<td>Glenn Jones</td>
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<tr>
<td>Allen County</td>
<td>Joy Riebel</td>
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<td>ARC of Central Plains</td>
<td>Brent Kaiser</td>
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<td>Blue Valley</td>
<td>Nan Kanter</td>
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<td>Bonner Springs</td>
<td>Paul Bunyar</td>
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<td>Butler Blazers</td>
<td>Sarah Vaughan</td>
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<td>Derby Free Spirits</td>
<td>Jennifer Nixon</td>
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<td>Douglas County</td>
<td>Abby Baden</td>
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<td>Emporia Express</td>
<td>Nancy Rumold</td>
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<td>Emporia Indies</td>
<td>BriAnna Salas</td>
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<td>Gametime Living</td>
<td>Lina Petrel</td>
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<td>Gardner Gold</td>
<td>Jordan Lester</td>
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<td>Goodland Mustangs</td>
<td>Joni Showalter</td>
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<td>Hartford Jaguars</td>
<td>Yvonne Gardner</td>
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<td>Harvey County</td>
<td>Jeff Stauffer</td>
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<td>Haysville Hornets</td>
<td>Pat Willig</td>
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<td>Hutch Hawks</td>
<td>Linda Emrick</td>
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<tr>
<td>JCPRD Rangers</td>
<td>Jodie McMahon</td>
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<td>KCK Kings</td>
<td>Terra Morehead</td>
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<td>Lakemary Stars</td>
<td>Mark Harper</td>
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<td>Leavenworth County</td>
<td>Vicki Lozenski</td>
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<td>Manhattan</td>
<td>Jamie Schnee</td>
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<td>McPherson</td>
<td>Tami Schropp</td>
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<td>Midwest Wildfires</td>
<td>Rebecca Hastings</td>
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<td>Mosaic Southeast KS</td>
<td>Vicki Spear</td>
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<td>New Hope Bulldogs</td>
<td>Sam Overman</td>
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<td>Olathe</td>
<td>Elizabeth Preston</td>
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<td>Bob Webster</td>
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<td>Taffy Langston</td>
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<td>Parsons Oak</td>
<td>Shannon Beard</td>
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<td>Parsons Pine</td>
<td>John Leon</td>
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<td>Sedgwick Ct</td>
<td>Chris Klausmeyer</td>
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<td>Shawnee Storm</td>
<td>Debbie Rhodes</td>
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<td>Successful Dreams</td>
<td>Jacob Shull</td>
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<td>The Roadrunners</td>
<td>Sue Ann Wanklyn</td>
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<td>Topeka JR Blues</td>
<td>Mike Molter</td>
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<td>Topeka/Shawnee</td>
<td>Rita Kennedy</td>
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<td>Wetmore Super Heroes</td>
<td>Jessica Atwood</td>
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<td>Wichita Independents</td>
<td>Kim Mudd</td>
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<tr>
<td>Wichita Saints</td>
<td>Myra Jacobs</td>
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<td>Wy. Co Bears</td>
<td>Andrea Janes</td>
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SOKS BOWLING RULES MODIFICATION
(updated June 2019)

1. The American Bowling Congress (ABC) rules shall be followed for all competition.

2. Events offered: Singles or Doubles and Ramp.

3. Regional: Athletes will be divisioned by the score turned in to the Regional Offices.

4. State: Athletes will be divisioned by average of games bowled at Regional tournament.

5. There will be no handicap used at either the state or regional tournament. The total score of the 2 games bowled will determine final placement in a heat or double the score of the first games if the athlete chooses – see rule #6.

6. All athletes (with the exception of the following) will bowl two (2) games. The following groups are given a choice of whether they want to bowl one game or two. If they bowl one game, their score will be doubled: 8 – 11 year old & Ramp Bowlers.

Those bowlers who choose to bowl one game must make the decision before the 1st game. Score will be doubled.

7. There will be a separate division for ramp bowlers

8. The only people that can be on the lanes are the bowlers and the lane volunteers.

9. Exception to #8 – coaches that assist ramp bowlers. 1 Coach per athlete at a time.

10. NO FOOD OR DRINK WILL BE ALLOWED DOWN ON THE LANES WHEN BOWLING.

11. NO SMOKING IS ALLOWED IN THE BOWLING CENTER.

12. Bumpers will not be used.

****As a reminder please mark the appropriate column if your athlete uses a ramp. This is extremely important as ramp bowlers are divisioned separately.
Volleyball Ability Divisions/Rules
(May 2018)

Basic for all Levels – KSHSAA Rules will be followed with the following SOKS modifications being used in place of the KSHSAA rule.

Teams consist of 6 players. A team must start a game with 5 players, but if the team starts with 5 players the team will play with a ghost player and when the ghost player is supposed to serve it will be an automatic side out and a point for the other team. Whenever the 6th player arrives for the game, they can enter the game at the next dead ball and participate without penalty.

Matches are best two out of three games.

Games use rally scoring – one team receives a point after each serve.

Games are played to 25, unless it is the 3rd game which is to 15.

Team must win by two points.

Coin flip determines team with first serve.

A serve that hits the net and goes over the net is in play.

After the first serve of the game has ended, the next team to serve must rotate....team should start the game with their first server in the right front position.

Front row players cannot spike a serve.

Level I

Teams will play standard 6-person volleyball with no adaptations to the court or the rules of the games. Spiking and blocking are allowed. Net height will be 7’4”.

Level IIA

Standard Volleyball except:

1. No spiking - it is not considered a spike if the initial trajectory of the ball is upwards and not straight down; even if the player uses a spiking motion to hit the ball

Level IIB

Standard volleyball except:

1. No spiking – Net height 7’4”
2. 5 serve limit per person then automatic team rotation
3. 10 minute per game time limit
4. Serving line 10’ in from the base line. Athletes can serve from anywhere behind this line. If the athletes serve behind the 10’ line but in front of the end line the serve must be underhand. If the athlete serves from behind the end line an overhand serve is allowed.
5. A coach is allowed to hold the ball for an athlete to serve if the athlete needs assistance – once the ball is served the coach must stay in the out of bounds area.
Level III – Training Division

1. Use a “trainer v-ball” – 40% lighter & 25% larger than a regulation ball
2. Court will be 30’ X 40’ with underhand service from the end line
3. 5 serve limit then automatic side out
4. 10 minute per game time limit
5. One coach may be on the floor to assist their team
6. Wheelchair/walker athletes can participate in this level only.

Unified® Volleyball: Level 1 rules except

1. Partners cannot spike, but may block at the net.
2. If the ball is hit more than once by a team, an athlete must hit the ball.
3. The serving order must alternate between athletes and partners.
4. Athletes must choose between Unified® or regular Special Olympics volleyball. An athlete CANNOT play in both divisions.
Friday, August 2nd
11:00 a.m. - 3:00 p.m.

Okun Fieldhouse
(20200 Johnson Dr Shawnee, KS 66218)

Health Promotion

Goals include:
Encouraging and enhancing healthy behaviors; reducing risky behaviors; improving self-efficacy and self-advocacy; and increasing the investment of health care leaders for people with intellectual disabilities.

Screenings focus on the following core health areas:
Blood Pressure Monitoring; Body Mass Index (BMI);
Education on Nutrition, Hydration, Sun Safety and Tobacco Avoidance & Cessation; and Physical Activity.

Open to all individuals with an intellectual disability. Healthy Athletes Consent and Release Form must be completed. Forms may be completed by guardians at the event or sent ahead of time.

Information: burtc@ksso.org ~ 913.236.9290 Ext. 107
Twitter @sokansas ~ Facebook @specialolympickskansas ~ www.ksso.org
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