



Everyone Scores with Young Athletes™

I would like information on how to enroll my child in Young Athletes™

Name: \_\_\_\_\_
Company: \_\_\_\_\_
Address: \_\_\_\_\_
City, State, Zip: \_\_\_\_\_
Phone: \_\_\_\_\_
Email: \_\_\_\_\_

Yes! I would love to sponsor a Young Athlete.

Name: \_\_\_\_\_
Company: \_\_\_\_\_
Address: \_\_\_\_\_
City, State, Zip: \_\_\_\_\_
Phone: \_\_\_\_\_
Email: \_\_\_\_\_

- \$144 Single - Sponsor an individual
\$576 Home Run - Sponsor a group
\$2,160 Grand Slam - Sponsor a workshop
Enclosed is our \$ \_\_\_\_\_ sponsorship fee, made payable to Special Olympics Kansas.
Please charge our credit card \$ \_\_\_\_\_ for our sponsorship fee.
Card Type: \_\_\_\_\_
Account #: \_\_\_\_\_
Exp Date: \_\_\_\_\_
Signature: \_\_\_\_\_

Special Olympics Kansas Mission
Special Olympics Kansas is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports competitions, health and nutrition programs, and leadership development. Offering year-round initiatives to children and adults with intellectual disabilities, Special Olympics Kansas is a platform for acceptance and inclusion as well as one of the largest advocates for healthy lifestyles in the state – regardless of race, religion, ethnicity or cultural differences.



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Special Olympics Kansas Be a fan.
special young olympics athlete program
Start Early Start Strong!
www.kssso.org





The **Young Athletes Program™** is an innovative sports program which introduces young children with intellectual disabilities to the world of sports.

Special Olympics has provided opportunities for children and adults with intellectual disabilities, ages 8 and up, to participate in sports training and competition since the late 1960s.

Over the years, children too young to compete had to sit on the sidelines and wait to join the movement. The Young Athlete Program opens the door for participation by those children, aged 3-7, to develop fundamental skills and begin to build the foundation for a healthy lifestyle and the transition to Special Olympics.



Created in consultation with the University of Medicine and Dentistry of New Jersey, to meet the physical and developmental needs of children, ages 3-7, the program focuses on the basics that are crucial

to cognitive development: physical activities that develop motor skills and hand-eye coordination, and the application of these physical skills.

### Building Confidence and Bringing Families Together by:

- ◇ Raising awareness about the abilities of children with intellectual disabilities through inclusive peer participation, demonstrations and other events;
- ◇ Providing children with intellectual disabilities developmentally appropriate play activities designed to foster physical, cognitive and social development;
- ◇ Promoting social development through group activities;
- ◇ Developing muscular strength and endurance through repetitions, hand-eye coordination, and balance;
- ◇ Providing an experience that will lead to an appreciation of fitness and sport for the whole family;
- ◇ Welcoming family members of children with intellectual disabilities to the Special Olympics network of support.



### For Families:

Special Olympics Kansas is hosting play opportunities for children 3-7 years old with intellectual disabilities to introduce them to the Young Athlete Program.

After attending the program families will be given a complete activity kit along with user-friendly instructions.

There is no cost to the family.



### For groups:

The design of this program provides flexibility for the parent, sibling, paraprofessional, teacher, and volunteer to conduct activities. The Young Athlete Program™ is a versatile program designed to be used by parents in the home or in a preschool / school environment, playgroup or one-on-one situation.

### Activity List:

1. foundational skills
2. walking & running
3. balance & jumping
4. trapping & catching
5. throwing
6. striking
7. kicking
8. advanced skills

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