

TENTATIVE SCHEDULE  
SPECIAL OLYMPICS KANSAS  
2019 Summer Games

FRIDAY, MAY 31

11:00a.m.	Coaches Check-In
12:30p.m.	Cycling, Maize South High School
11:30a.m.	Aquatics, Wichita Heights High School
12:30a.m.	Low Motor Aquatics, Levy School
1:00p.m.	Tennis – Skills & Match Play, Maize South High School
2:00p.m. – 6:30p.m.	Healthy Athletes – Wichita Heights High School
3:00p.m. - 7:00p.m.	General Store
4:45p.m. - 6:00p.m.	Dinner for all teams
5:30p.m.	COACHES MEETING
6:30p.m.	Seating for Opening Ceremonies
7:00p.m.	OPENING CEREMONIES

SATURDAY, JUNE 1

8:00a.m. - 5:00p.m.	Athletics (Track & Field) Competition, Maize South High School
9:00a.m. - 3:00p.m.	General Store
9:00a.m. - 4:00p.m.	Olympic Village
11:00a.m. - 1:30p.m.	Lunch
6:30p.m.- 7:30p.m.	Victory Banquet, The Cotillion
7:30p.m. - 10:00p.m.	Victory Dance, The Cotillion

SUNDAY, JUNE 2

8:00a.m.	Athletics (Track & Field) Competition
9:00a.m. - 11:00a.m.	Olympic Village
10:00a.m. - 12:00p.m.	General Store
12:00p.m.	Lunch

\*This is a tentative schedule; the actual schedule will be made available in the Coaches' Handbook. Times may be subject to change, please disregard when you receive an updated schedule.



## **Athlete Code of Conduct**

Special Olympics Kansas is committed to the highest ideals of sport and expects all athletes to honor sports and Special Olympics.

### **THE CODE**

All Special Olympics athletes and Unified Sports partners agree to the following code:

#### **SPORTSMANSHIP**

- I will practice good sportsmanship.
- I will act in ways that bring respect to me, my coaches, my team and Special Olympics.
- I will not use bad language.
- I will not swear or insult other individuals.
- I will not fight with other athletes, coaches, volunteers or staff.

#### **TRAINING AND COMPETITION**

- I will train regularly.
- I will learn and follow the rules of my sport.
- I will listen to my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training, visioning and competitions.
- I will not “hold back” in preliminaries just to get into an easier final heat.

#### **RESPONSIBILITY for MY ACTIONS**

- I will not make inappropriate or unwanted physical, verbal or sexual advances on others.
- I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competitions or during Games.
- I will not take drugs for the purpose of improving my performance.
- I will obey all laws and Special Olympics rules.

I understand that if I do not obey this Code of Conduct, Special Olympics Kansas may not allow me to participate.



Special Olympics Kansas has implemented the following Parent/Guardian Code of Conduct for the important message it holds about the proper role of parents/guardians in supporting their child and other athletes in sports. Parents/guardians should read and understand this Code of Conduct prior to their child participating in Special Olympics Kansas activities and events.

Any parent/guardian guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game or the next day's activities. Repeat violations may cause a multiple game/day suspension.

***Preamble***

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Good Citizenship

The highest potential of sports is achieved when competition reflects these "six pillars of character."

***I/We therefore agree:***

I/we will not force our child to participate.

I/we will remember that individuals participate to have fun.

I/we will inform the coach of any physical disability or ailment that may affect the safety my child or the safety of others.

I will learn the rules of the sport and the policies/procedures of SOKS.

# Parent/Guardian Code of Conduct

I/we, and my guests will be a positive role model and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all players, coaches, officials and spectators.

I/we, and my guests will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

I/we will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.

I/we will teach our child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I/we will demand that our child treat other players, coaches, officials and spectators with respect.

I/we will teach our child that doing one's best is more important than winning.

I/we will praise the athletes for competing fairly and trying hard.

I/we will never ridicule or yell at any athlete for making a mistake or losing a competition.

I/we will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my own child.

I will respect the officials and their authority during competitions and never question, discuss or confront coaches at the playing field and will take time to speak with coaches at an agreed upon time and place.

I/we will demand an environment free from drugs, tobacco and alcohol and we will refrain from their use at the events.

I/we will refrain from coaching my child or other athletes during games and practices unless we are one of the official coaches of the team.

# SUMMER GAMES FACT SHEET

DATES: May 31 – June 2, 2019  
SITE: Maize South High School

All athletes must attend a regional event if they want to participate in the state Summer Games. This only applies to the events that are offered at the regional level. If your region does not offer a sport, an athlete can register for state without attending a regional competition. **All registration forms (including sports that athletes will participate in at state that the region does not offer) must be sent into the regional office by the registration deadline set by the regional director.** The team representative will receive an email from the Headquarters Office and then will confirm the athletes attending the games, the events entered, time/distances from region, meal numbers, and any additional coaches. From the call back information, a bill will be sent to the local programs. **Payment is due at the Headquarters Office by May 19th, 2019.** (If payment is not received, the team cannot attend the games.)

1. Every athlete MUST have a completed SOKS Medical Release form or Health Information Update on file in the Headquarters Office prior to participation in any Special Olympics activity. Do not register an athlete on the Master Roster if they do not have a current medical on file in the SOKS Headquarters Office. Coaches are responsible for these forms and must have them available at all times during the Summer Games. All Down syndrome athletes must have a copy of the Down syndrome Addendum on file in the SOKS Headquarters Office prior to participation in any Special Olympics activity.
2. Special Olympics athletes competing in individual sports are divisioned according to gender and the following age groups:

YOUTH	8-11 years	MASTERS	22-29 years
JUNIORS	12-15 years	SENIOR MASTERS	30+ years
SENIORS	16-21 years		
3. AGE DIVISIONS ARE BASED ON AGE OF ATHLETE AS OF MAY 31, 2019. ATHLETES THAT ARE NOT 8 YEARS OF AGE BY MAY 31, 2019 WILL NOT BE ENTERED IN ANY EVENT.
4. In order to give each competitor an equal opportunity for success, each division is further divided into "COMPETITION DIVISION". No more than eight (8) athletes will be in each "COMPETITION DIVISION." Assignment to a "COMPETITION DIVISION" is based on actual performances in an event. A COMPETITOR'S PERFORMANCE AT THE REGIONAL MEET WILL BE USED TO PLACE COMPETITORS IN DIVISIONS FOR THE SUMMER GAMES. Athletes MUST compete in events at Regional Games (when offered) in order to compete in those events at Summer Games.
5. OPENING CEREMONIES - Please bring your team banner. Athletes and coaches should dress in team uniforms.
6. INSURANCE - SOKS carries secondary medical insurance on athletes, coaches, and volunteers. In case of injury the First Report of Accident and the Injury Report must be completed and returned to the SOKS office.
7. MEALS - Dinner will be provided on Friday evening and served prior to Opening Ceremonies. We encourage teams to arrive early. Lunch will be served on Saturday and Sunday. The Victory Banquet at The Cotillion will be the Saturday dinner.

EVENTS - PLEASE READ CAREFULLY

Please take time to read over the enclosed LIST OF EVENTS FOR THE 2019 SOKS SUMMER GAMES and call the SOKS Headquarters Office if you have any questions.

**FRIDAY, MAY 31st EVENTS**

Aquatics @ Wichita NW and Levy Elementary  
Cycling @ Maize South High School  
Tennis @ Maize South High School.

**IMPORTANT:** Athletes can choose to compete in one Friday Competition and also may compete in Athletics on Saturday and Sunday.

1. **AQUATICS** -- Each athlete may compete in two swimming events and a swimming relay (low motor events have no limit on number of events an athlete can compete); athletes can compete in low motor or regular swimming events not both.

25m Freestyle	25m Backstroke	50m Breaststroke	100m Ind. Medley
50m Freestyle	50m Backstroke	25m Butterfly	4x25 Freestyle Relay
100m Freestyle	25m Breaststroke	50m Butterfly	4x25 Medley Relay
* 10m Assisted Swim	*15m Walk	*15m Flotation Race	*10 Unassisted Swim
* 20m Assisted Walk	*25mWalk	*25m Flotation Race	*10 Assisted Walk
* 20 Unassisted Swim	*20 Assisted Swim		

\* NOTE: These Events are for low motor ability athletes

\*\* Relay competition will be open. All male teams, female teams and co-ed teams will compete together. Teams will be divisioned according to time.

\*\*\* No more than six (6) competitors will be in each "COMPETITION DIVISION"

\*\*\*\* Individual Medley Order: Fly, Back, Breast, Free  
Medley Relay Order: Back, Breast, Fly, Free

2. **CYCLING** --The Following events will be held in the cycling competition:

500m Race	3K Race
1K Race	5K Race

Write qualifying time on the Master Roster.

3. **TENNIS** -- Both Match Play and lead-up skills competition will be offered. Rules and divisions are based on information compiled by USTA and Special Olympics International. Please indicate if the athlete will participate in Match Play or Skills on the master roster.

**SATURDAY, JUNE 1st and SUNDAY, JUNE 2nd EVENTS**

1. **ATHLETICS** (T&F) --Athletes must compete in the same event in which they competed at regional.

There is no relay allotment per organization.

Relay alternates (max of 2 per relay team) must keep the original relay team in the same division as they were originally registered. A female may substitute for a male in a male relay division, but a

male may not substitute for a female in a female division.

Athletes can only compete in Running or Standing Long Jump - not both.

Athletes must be able to jump 1m to enter the running long jump

**Shot Put:** An athlete's foot MAY touch the inside of the toeboard during the put. The athlete must exit from the back of the circle, and CANNOT step on the toeboard.

Men use a 4Kg/8.13lbs  
Men (8-11 age); 2.72 Kg/6lbs  
Wheelchair Men 1.8Kg/4lbs

Women use a 2.72 Kg/6lbs  
Women 8-11 Age; 1.8Kg/4lbs  
Wheelchair Women 1.35Kg/3lbs

**Turbo Javelin:** 3throws and the furthest throw will be used to determine placement in the heat.

Fouls:

1. 1 hand throw only
2. Over the shoulder or upper arm throws
3. Thrower cannot turn completely around so the throwers back is toward the throwing area
4. Tip of the javelin must land first
5. Thrower touches the ground beyond the foul line before the javelin is released from the throwers hand

8 – 15 year olds use a 300gram javelin  
16+ use a 500 gram javelin

**25m, 100m, 200m and 400m Race Walks:** Racewalking will be closely officiated in the following manner:

- a. Walkers must maintain unbroken contact with the ground. Thus, one foot may not leave the ground before the advancing foot has made contact.
- b. A walker is entitled to one warning before being disqualified. A disqualified walker may finish the course and receive a participation award.

## EVENT ENTRY CODES

(For entering your athletes in aquatics, cycling, and athletics only – put code and correct time/distance on the master roster.) **THESE ARE THE ONLY EVENTS OFFERED. PLEASE DO NOT SIGN ATHLETES UP FOR EVENTS NOT LISTED**

### AQUATICS

AQ25MF	25m Freestyle
AQ50MF	50m Freestyle
AQ1CMF	100m Freestyle
AQ25BK	25m Backstroke
AQ50BK	50m Backstroke
AQ25BS	25m Breaststroke
AQ50BS	50m Breaststroke
AQ25BF	25m Butterfly
AQ50BF	50m Butterfly

AQ1CIM	100m Individual Medley
AQ1CFR	4 x 25m Freestyle Relay (Junior)
AQ1CFR	4 x 25m Freestyle Relay (Senior)
AQ1CFR	4 x 25m Freestyle Relay (Masters)
AQ1CMR	4 x 25m Medley Relay (Junior)
AQ1CMR	4 x 25m Medley Relay (Senior)
AQ1CMR	4 x 25m Medley Relay (Masters)
*AQ10AW	10m Assisted Walk
*AQ20AW	20m Assisted Walk
*AQ15WK	15m Walk
*AQ25WK	25m Walk
*AQ15FL	15m Flotation Race
*AQ25FL	25m Flotation Race
*AQ10AS	10m Assisted Swim
*AQ10US	10m Unassisted Swim
*AQ20AS	20m Assisted Swim
*AQ20US	20m Unassisted Swim

### ATHLETICS

AT050M	50m Race
AT100M	100m Race
AT200M	200m Race
AT400M	400m Race
AT800M	800m Race
AT1500	1500M Race
AT100W	100m Race Walk
AT200W	200m Race Walk
AT400W	400m Race Walk
AT25WH	25m Manual Wheelchair Race
AT25WM	25m Motorized Wheelchair Race
AT1CWH	100m Manual Wheelchair Race
AT1CWM	100m Motorized Wheelchair Race
AT30WH	30m Manual Wheelchair Slalom
AT30MS	30m Motorized Wheelchair Slalom
AT25OR	25m Manual Wheelchair Obstacle
ATMWOR	25m Motorized Wheelchair Obstacle Race
AT50MN	50m Manual Wheelchair Slalom
AT50MS	50m Motorized Wheelchair Slalom
AT1WSH	4 x 25m Manual Wheelchair Shuttle Relay
AT1WSM	4 x 25m Motorized Wheelchair Shuttle Relay
ATSTLJ	Standing Long Jump (cannot compete in running long jump)
ATLNJP	Running Long Jump (cannot compete in standing long jump)
ATHIJP	High Jump
ATSP1M	Shot Put - Men - 4kg/8.13lbs
ATSP2W	Women - 2.72kg/6lbs
ATWSPM	Wheelchair Shot Put - Men - 1.81kg/4lbs
ATWSPW	Women - 1.36kg/3lbs
ATSOBT	Softball Throw
ATTJAV	Turbo Javelin
AT4X1R	4 x 100m Relay
*AT10RW	10m Race Walk
*AT10AW	10m Assisted Race Walk



*AT025M	25m Run
*AT25MW	25m Race Walk
*AT050MW	50m Walk
*AT25AW	25m Assisted Race Walk
*AT10WH	10m Manual Wheelchair Event
*AT10WM	10m Motorized Wheelchair Event
*ATTBTD	Ball Throw for Distance (Tennis Ball) - <b>Athletes with entry scores longer than 15 meters will be placed in the softball throw.</b>

**\*Events for lower functioning athletes. Athletes cannot cross over between low motor and non low motor RUNNING/RACING events. Athletes can only compete in RUNNING/RACING events that have a star by them or events that do not have a star beside them. Wheelchair athletes and athletes participating in the Tennis Ball Throw are exempt from this policy. Please contact your Regional Director if you have any questions.**

CYCLING	CY5CTT	500M Race	CY1KTT	1K Race
	CY3KTT	3K Race	CY5KTT	5K Race

### SUMMER GAMES REGISTRATION PROCEDURES

Check as you complete.

1. \_\_\_\_\_ Enclose Master Roster, listing athletes in ALPHABETICAL order. List coaches and team assistants, with a maximum of 1 coach to 4 athletes (1:4) ratio. Designate the event(s) in which the athlete is competing by entering the appropriate event entry code on the event information portion of the form.
2. \_\_\_\_\_ Special Olympics Kansas Medical Release form for ALL Athletes MUST be in the coach's possession at all times. White copy MUST be in the SOKS Headquarters Office prior to registration.
3. \_\_\_\_\_ Complete Relay Entry Form (if applicable) - 1 per relay team.
4. \_\_\_\_\_ Complete Tennis Entry Form (if applicable) - 1 per athlete.
5. \_\_\_\_\_ Most Inspirational Athlete Nomination Form (if applicable).
6. \_\_\_\_\_ National Anthem Form (if applicable)

Please refer to page that list the forms that must be sent in for the regional competition. All forms are sent to the Regional Office.

