



Welcome to another hot Kansas summer! If you attended Summer Games, we hope you and your athletes had an enjoyable and fulfilling time. We have a lot going on in the coming months including [USA Games](#), [50th Anniversary Celebration](#) and [Unified Cup in Chicago](#), [Spikes and Strikes](#) and more!

In this issue you will find information about our [June Coaches Conference Call](#), [Casey's General Store Campaign](#), [Unified Sports Information](#), [Upcoming Fit Families/Fit Friends Challenge](#), [Summer Sports Resources](#), [Staying Connected with Special Olympics Kansas](#) and more. There is lots of good and relevant information in this email so please take some time to look over all of it.

COACHES CONFERENCE CALL

We invite all SOKS coaches to let their voice be heard and to hear directly from our CEO, John Lair, on our quarterly coaches conference call. Find out about upcoming organization initiatives, coaches trainings and more.

Date: June 13, 2018

Time: 6:30pm - 7:30pm

The number - in KC (913 Area Code) - 693-9100
outside KC area code) - 1-866-855-9609

Passcode - 153836#

[Click here to add this call to your Google Calendar](#)

CASEY'S CAMPAIGN

For the entire month of June stop in any Casey's store in Kansas and make a \$1 (or more) donation to Special Olympics at the register and receive a coupon for \$2 off the purchase of a large pizza and 2-liter Coke product. While you're there grab a Special Olympics fountain drink collector's cup! Snap a selfie at Casey's or with your collector's cup and share it on Facebook with Special Olympics Kansas! Make sure to use the hashtag #caseysforsoks and tag Casey's General Store.



UNIFIED CHAMPION SCHOOLS

We are actively working to expand the Unified Sports League across the entire state!

Since 2013, SOKS has been growing a Unified Sports League in KC and Topeka made primarily of school-based Unified Sports teams for basketball (fall), bocce (winter) and soccer (spring). Sports are held in opposite seasons to traditional SOKS sports to allow athletes to participate in both Unified and traditional SOKS programming. The benefit here is that an athlete can focus on fewer sports and have more opportunities to improve those sports skills. We want to expand that program across the state.

Program start-up funds are available for new middle school and high school programs coming on-board in the 2018-19 school year.

[Unified Sports School Administrators recruitment video](#): The video provides elementary, middle and high school administrators an overview of Unified Sports, including the benefits a Unified Champion School can bring to their students and school community.

Interested administrators, teachers, coaches or parents should contact Chris Burt at burtc@kssso.org or 913-236-9290 x107 about how you can get your school going.

[Click here for more information on Unified Sports](#)



SUMMER SPORTS RESOURCES

- [Bowling](#)
- [Volleyball](#)

UPCOMING FIT FAMILIES/FIT FRIENDS CHALLENGE

Fit Families/Fit Friends is a 6-week fitness challenge for athletes and their supporters (family members or others) to get active and healthy together. Groups track their physical activity and nutrition in a weekly journal and submit their progress along the way. The challenge offers incentives as families/teams work towards a healthier lifestyle. Participants can repeat the challenge in efforts toward year round fitness.

Fit Families Start Up Packet includes:

- T-shirts and pedometer to each team member sign up
- Water bottle and Nutrition White Board
- Nutrition guidebook and suggested goals
- Family commitment cards
- Enrollment forms, survey, journal layout, nutrition calendar, and activity calendar

Families who complete the challenge and all required documents will receive a team reward at the end of the 6 weeks!

Interested? [Complete this quick initial interest form!](#) Please share with any families in your local program that may be interested.

ONLINE COURSES

Have some extra time this summer? Become the best coach you can be and invest some time in [one of these free online coaching courses](#).

STAY CONNECTED

Stay connected with Special Olympics Kansas on Social Media!

[Follow us on Facebook](#)

[Follow us on Twitter](#)

[Follow us on Instagram](#)

[Follow us on Flickr](#)

2019 STATE BASKETBALL DATES

West - Hays - March 15 & 16, 2019

East - Topeka - March 24 & 25, 2019

Questions? Comments?

Please contact Chris Burt, Vice President of Health and Community Outreach, at burtc@kssso.org or 913-236-9290 x107.

