



Alex Leland

USA Games Sport: *Swimming*

Age: 25

Hometown: *Lawrence, Kansas*

Local Team: *Douglas Co. Jayhawks*

Years in Special Olympics: 5

Other Sports: *Soccer, volleyball,
basketball, and athletics*

Favorite Fun Facts

- ◆ **Color:** *Blue*
- ◆ **Movie:** *Guardians of the Galaxy*
- ◆ **TV show:** *Amazing Race*
- ◆ **Food:** *Indian food*
- ◆ **Music:** *The Beatles*
- ◆ **Book:** *The House of Night Series*
- ◆ **Sports Team:** *KU Jayhawks*
- ◆ **Hobby:** *Reading*

“Through Special Olympics, I have learned to try my best and not get overwhelmed when something happens. My anxiety has reduced and I am more confident in myself.”

Alex volunteers by helping with Sunday School at her church. She also volunteers as an usher at the Lawrence Community Theater.

Alex says that through Special Olympics, she found a group of people who became her friends. It has changed her life.

Alex’s accomplishments showcase her confidence - she has been able to try new things and receive employee of the year at her place of employment.

Support Alex