

# Kasey Morris

## Manhattan Sports Club



Hometown: Manhattan

Sports: Volleyball, Basketball, track and Field, Softball

Other Activities: I like working out, watching movies, concerts and events, walking my dogs, reading and being with family.

People I Admire: My sisters and my parents, my former teachers, my Special Olympics coaches

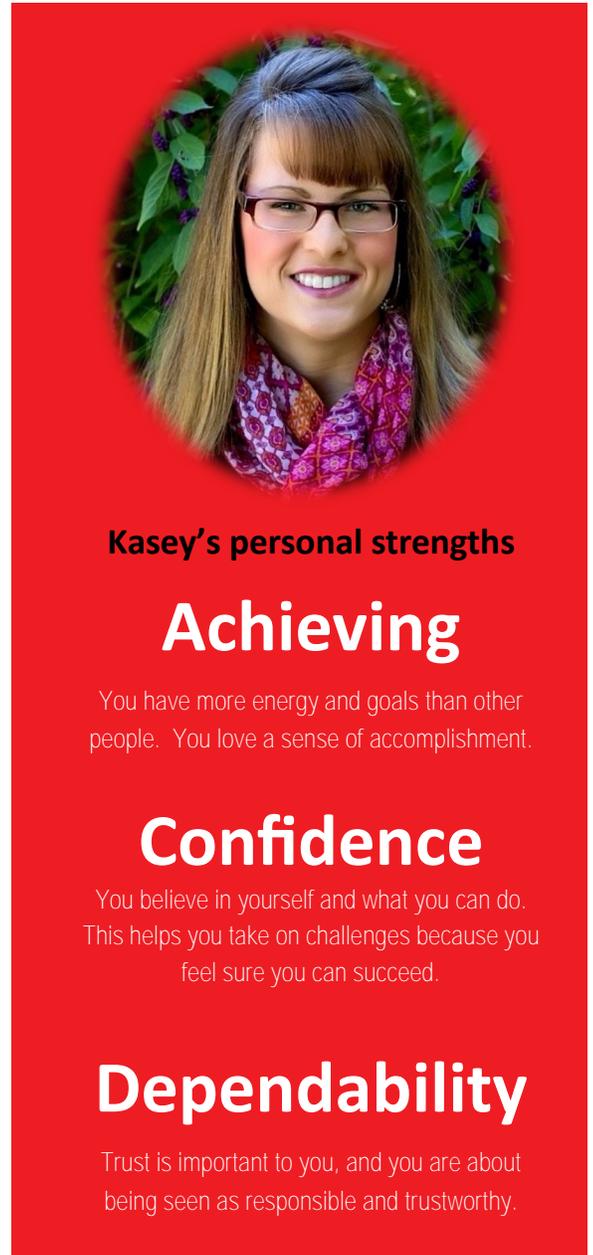
Accomplishments/Awards: Graduating from Manhattan High School in 2013, completed the Project Search high school transition program.

More About Me: I barely weighed over a pound when I was born—I am a quintuplet, the 4th one born. We were the first quintuplets born in Kansas. There are only 4 of us now, because my brother passed away at 17 days old. We all have the same middle name, Quinn, for quintuplet. I took wood shop in high school and loved building furniture. I built a bookcase for my room and also made some patio furniture we use on our deck. I love helping my dad work on projects.

Favorite Teams: KSU Wildcats, KC Royals and KC Chiefs

Groups I have talked to: KSU Homecoming Pep Rally, Manhattan High School Interpersonal Skills Class, Kansas Farm Bureau Annual Meeting, KC Royals Charity Golf Classic, Special Ed Community Service student organization at Emporia State, Kansas Order of Eastern Star, Stanion Wholesale Golf Tournament reception

What being a Global Messenger means: *It is great because I can let people know about Special Olympics! I am grateful to have been through the training so I can help raise awareness on topics that affect people with intellectual disabilities like myself.*



### Kasey's personal strengths

## Achieving

You have more energy and goals than other people. You love a sense of accomplishment.

## Confidence

You believe in yourself and what you can do. This helps you take on challenges because you feel sure you can succeed.

## Dependability

Trust is important to you, and you are about being seen as responsible and trustworthy.

Global Messengers are Special Olympics Kansas athletes who tell their story and spread the message and vision of the movement. Each messenger completed the StrengthsExplorer® program to identify their personal strengths. Then with 12 hours of classroom training learned speaking skills, and built confidence in their ability to make presentations. Each was required to give a 5-7 minute graduation speech to family and friends. **Kasey's personal strengths are reflected above. For more information regarding the Special Olympics Kansas Global Messenger program, or to request a Global Messenger for your event, please contact Public Relations, pr@kssso.org.**