I would like information on how to enroll my child in Young Athletes

Name: ____________________________________________

Child's Name: ______________________________________

Child's Age: _______________________________________

Address: __________________________________________

City, State, Zip: _____________________________________

Phone: ____________________________________________

Email: ____________________________________________

Special Olympics Kansas Mission

Special Olympics Kansas is dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports competitions, health and nutrition programs, and leadership development. Offering year-round initiatives to children and adults with intellectual disabilities, Special Olympics Kansas is a platform for acceptance and inclusion as well as one of the largest advocates for healthy lifestyles in the state – regardless of race, religion, ethnicity or cultural differences.

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Start Early
Start Strong!

Everyone Scores with Young Athletes!™
Since the late 1960’s Special Olympics has provided opportunities for children and adults with intellectual disabilities, age 8 and up, to participate in sports training and competition. Over the years, children too young to compete had to sit on the sidelines and wait to join the movement.

Special Olympics’ newest program, Young Athletes™, serving children 3-7 years of age opens the door for their participation in a program to develop fundamental physical skills at an early age. Created in consultation with the University of Medicine and Dentistry of New Jersey, the activities foster cognitive and social development, muscular strength, hand-eye coordination and balance.

Special Olympics Kansas offers two Young Athletes’ programs. The Motor Skills trainings (ages 3 - 4), focus on the development of motor skills and hand-eye coordination. Children 5 - 7 then progress to the Little Feet Program where they learn the application of these physical skills through general fitness and recreational activities.

For Families:
Special Olympics Kansas is hosting play opportunities for children 3-7 years old with intellectual disabilities to introduce them to the Young Athlete Program. After attending the Motor Skills Clinic families will be given a complete activity kit along with user-friendly instructions. There is no cost to the family.

For Groups:
The design of this program provides flexibility for the parent, sibling, paraprofessional, teacher, and volunteer to conduct activities. The Young Athlete Program™ is a versatile program designed to be used by parents in the home or in a preschool / school environment, playgroup or one-on-one situation.

**Activity List:**
1. foundational skills
2. walking & running
3. balance & jumping
4. trapping & catching
5. throwing
6. striking
7. kicking
8. advanced skills

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