

RULES and REGULATIONS

FOLLOW THEM AND NO ONE GETS HURT...



THE GAME

The object of the game is to eliminate all opposing players by getting them "OUT". This may be done by:

1. Hitting an opposing player with a LIVE thrown ball below the shoulders.
2. Catching a LIVE ball thrown by your opponent before it touches the ground. (Also means catching it after it hits a ball your teammate is holding and does not touch the ground).

Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another player, official or other item outside of the playing field (wall, ceiling, etc)

BOUNDARIES

During play, all players must remain within the boundary lines. Players may leave the boundaries through their end-line only to retrieve stray balls. They must also return through their end-line.

THE OPENING RUSH

Game begins by placing the dodgeballs along the center line – three (3) on one side of the center hash and three (3) on the other. Players then take a position behind their end line. Following a signal by the official, teams may approach the centerline to retrieve the balls. This signal officially starts the contests. Teams may only retrieve the three (3) balls to their right of the center hash. Once a ball is retrieved it must be thrown to another teammate before it can be legally thrown.

TIMING AND WINNING A GAME

The first team to legally eliminate all opposing players will be declared the winner. A 5 minute time limit has been established for each contest. If neither team has been eliminated at the end of the 5 minutes, the team with the greater number of players remaining will be declared the winner. The contest will be the best two out of three games played.

5-SECOND VIOLATION

In order to reduce stalling, a violation will be called if a team in the lead controls all six (6) balls on their side of the court for more than 5 seconds. This also applies to tied teams. The violation will be losing all six (6) balls to the opponent.

CODE OF CONDUCT

Understand, appreciate and abide by the rules of the game.

Respect the integrity and judgment of game officials (They have the final say!)

Respect your opponent and congratulate them in a courteous manner following each match whether in victory or defeat.

Be responsible for your actions and maintain self-control.

Do not taunt or bait opponents and refrain from using foul or abusive language.

**Be safe and
HAVE FUN!!**